

# EUTOPA-IP

European Guideline for Target Group oriented  
psychosocial aftercare-Implementation

## Program

The Conference of EUTOPA-IP which will be held in

**Cologne**  
**8/9 April 2011**



*Project Partners:*

City of Cologne, Mayor's Office, International Affairs

Centre and Institute of Psychotraumatology, Alexianer Krefeld GmbH, Germany

Impact - Dutch knowledge & advice centre for post-disaster psychosocial care, The Netherlands

Sociedad Española de Psicotraumatología y Estrés Traumático, Spain

Charles University in Prague, Faculty of Arts, Czech Republic

Public Health Department, City of Düsseldorf, Germany

Dear Delegate,

In the aftermath of disasters, psychological after-effects such as Post Traumatic Stress related disorders are to be expected among the survivors, their relatives, and among first aid uniformed services personnel. For these reasons, the European Commission (EC) initialized the pan-European coordination of crisis intervention programs for psychosocial aftercare. The Target Group Intervention Program (TGIP) is considered a secondary preventive concept of individual psychosocial aftercare and describes every intervention step from psychological primary care to indicated psychotherapy more specifically. Our concept is based on the opinion that process-orientation and identification of risk-groups is successful in driving forth effective crisis intervention programmes. In the EUTOPA project, we adapted the TGIP to disaster situations. Our colleagues from Impact published a Multidisciplinary Guideline (MG) for early psychosocial interventions after disasters, terrorism and other shocking events. As a product of EUTOPA, we conclude that this MG can also be used as a frame for other EU member states.

The main objective of our conference is to discuss how the TGIP relates to Multidisciplinary Guidelines (MG) of Early Intervention. In our manuals (I to III), we adapt the conception of TGIP to the requirement profile of international major loss situations. Manual I is an introduction to our concept of prognostic screening based on the Cologne Risk Index. Manual II contains the modules of the TGIP including mid- and long term interventions. In Manual III we discuss how to conduct trauma-based psychoinformation. Finally, we will discuss the approach of the International Classification of Functioning, Disability, and Health (ICF) to implement rehabilitation programs for those who developed impairment of functioning and limitations of activity and participation. To give input for our table discussions the key-note speakers and chairs will share their experience with us to answer our main question: How can EUTOPA contribute to pursue the development of a European standardization of psychosocial concepts for aftercare in case of disasters?

On the second day of EUTOPA-IP we have invited colleagues to present their practical experience and empirical data on psycho-social care after disaster. To this extent, data from recent research on the psycho-social aftercare of the Tsunami disaster are presented. We will share our experience with the EUTOPA approach and present our evaluation on the psycho-social care of those who were affected by the collapse of the Historical City Archive of Cologne and the “Love Parade” Disaster in Duisburg. Both major incidents occurred during the EUTOPA project.

For the future, further work is needed to take care of the special needs of uniformed services. To this extent, we will report our results on developing a guideline for the uniformed services on the basis of the IMPACT guideline for early psychosocial interventions. Furthermore, the Federal Office of Civil Protection and Disaster Assistance (BBK) will present their consensus process on guidelines that coordinate the local and federal level which is needed in case of disaster. Finally, the results of our round table discussions will be presented in a Panel. In this way, we hope to enable the synchronization of empirical based concepts of crisis intervention programs like the TGIP with the evidence based Multidisciplinary Guidelines.

On behalf of the Mayor of the City of Cologne and on behalf of the Alexianer we welcome you to the Conference EUTOPA-IP in Cologne.

Robert Bering, Claudia Schedlich, Gisela Zurek

**Friday 8th of April 2011**  
**Venue: Town Hall/ Chamber Hall**  
**Time Frame: 9.30-18.00**

**9.00**

**Registration Town Hall**

**9.15-09.30**

**Welcome to EUTOPIA-IP**

Mrs. Elfi Scho-Antwerpes, Vice Mayor of the City of Cologne

**9.30-10.00**

**How does the Target Group Intervention Program relate to Multidisciplinary Guidelines?**

Dr. Robert Bering, Alexianer - Institute of Psychotraumatology, Berlin/ Krefeld, Germany

**10.00-10.30**

**Does communication and psychoinformation help the community and the individual to overcome the psycho-social strain caused by disaster?**

Prof. Richard Williams, Welsh Institute for Health and Social Care, United Kingdom

**10.30-11.00**

**The Screening Debate**

Prof. Chris Brewin, Kings College London, United Kingdom

**11.00-11.30 Coffee Brake**

**11.30 – 13.00 Round Table Session I**

Table 1: Screening: Chair: Prof. Ask Elklit

Table 2: Psychoinformation: Chair: Prof. Barbara Juen

Table 3: Screening: Chair: Dr. Robert Bering

Table 4: Psychoinformation: Chair: Prof. Graham Turpin

**13.00 – 14.00 Lunch**

**14.00-14.30**

**Mid-and long term Interventions in the aftermath of Disaster**

Prof. Ask Elklit, Danish Research Unit of Psychological Trauma, Denmark

**14.30-15.00**

**Implementation of the ICF in Rehabilitation**

Dr. Alarcos Cieza, Ludwig-Maximilians-University, Germany

**Coffee Brake 15.00 – 15.30**

**15.30 – 17.00 Round Table Session II**

Table 1: Mid- and Long Term Intervention: Prof. Richard Williams

Table 2: ICF: Dr. Robert Bering

Table 3: Mid- and Long Term Intervention: Dr. Francisco Orengo

Table 4: ICF: Dr. Simona Hoskovcova

**17.00 Close**

**20.00 Conference Dinner**

**Saturday 9th of April 2011**  
**Venue: Art´otel**  
**Time Frame: 8.45-13.30**

**8.45-9.00**

**Welcome to EUTOPA-IP**

Dr. Hans-Jürgen von Giesen  
Alexianer Krefeld GmbH

**09.00-09.30**

**What have we learned from the Tsunami disaster for Early Intervention?**

Prof. Lars Weisaeth & Dr. Trond Heir  
Norwegian Centre for Violence and Traumatic Stress Studies, Norway

**09.30-10.00**

**Psycho-Social Care after the collapse of the Historical Archive of Cologne**

Dipl.-Psych. Gisela Zurek  
Center of Psychotraumatology, Alexianer, Germany

**10.00-10.30**

**Psycho-social care in the aftermath of the Love Parade disaster in Duisburg**

Dr. Dieter Wagner  
Center of Psychotraumatology, Alexianer, Germany  
in cooperation with  
Public Health Department Düsseldorf, Germany

**10.30-11.00 Coffee**

**11.00-12.30**

**Panel: Results From Table Discussions (I-IV)**

**12.30-13.00**

**Multidisciplinary Guidelines on Early Intervention for Uniformed Services**

Dr. Hans te Brake  
IMPACT, The Netherlands

**13.00-13.30**

**Psychosocial Crisis Management. Guidelines and Quality Standards. Results of the Consensus Process in Germany**

Dipl.-Psych. Claudia Schedlich & Verena Blank-Gorki  
Federal Office of Civil Protection and Disaster Assistance, Germany

**13.30 Close and Lunch**

**Departure 14.30**